

# Afghanistan

## Nowzad Donkey Sanctuary, Kabul



Nowzad charity is a registered charity (number 1119185) in England and Wales  
[www.nowzad.com](http://www.nowzad.com)

*In Partnership with*



*Message from Nowzad Veterinarian Dr Moattar—"I'm so happy to share an update story from our donkey sanctuary animals with you all. Thank you so much for your kind support, it definitely made a big change in animals' lives and of course better conditions for their better life."*

## 2023 Sponsorship Update

## AZAD

Over the past 6 months, Azad has really blossomed in her home in the hills of Kabul. Earlier this year, we noticed she found it very hard to be near other animals, horses in particular, and all the other residents there gave Azad a wide berth as a result. Over time though, and with encouragement from the staff, Azad has started to play with the donkeys out in the exercise field and has now become so much friendlier as a result.

We're so thrilled to hear this about Azad - especially to be told she will even seek out the company of her donkey friends whenever she can now! In early October, Azad had her hooves trimmed and passed her total health check-up with flying colours.



## SHAHEEN

In August, Shaheen showed signs of his previous leg issues and staff noticed him limping again. Our vet team treated Shaheen as soon as possible and we're pleased to report he's back to his old energetic self again now and enjoyed having his hooves trimmed this month. Shaheen is in very good health now and staff often notice how shiny his coat is in the sunshine.

He is such a popular young horse with many other donkey residents there and so he's spent many a summer day this year playing with his donkey friends in the exercise field. Sanctuary staff are now preparing all the animals for the autumn and winter seasons ahead, buying new blankets (x-large in the case of Shaheen!) and ensuring their shelters are as comfy and warm as possible.



## **Update on the Nowzad Sanctuary Donkeys – Dehmazang, April, Maqbola, Pat, Jack and Shadow.**

Thanks to Animals Aid Abroad and your support of these six special donkeys at the Nowzad shelter, they have spent their spring and summer days in absolute comfort and calm – a world away from their past lives.

It's easier to gather the best food in the right amounts over the summer months in Kabul which our staff have been doing, and then storing it for the expected food shortages that come every winter. Each day the donkeys are fed a very nutritional mixture of barley, alfalfa, straw, corn and carrots. Their food is also topped up with eggs occasionally. In the autumn when the apples arrive (fruits like apples and apricots grow very well in Afghanistan's climate), the donkeys also get a daily apple treat which they all go crazy for.

On 1<sup>st</sup> October this year, all the donkeys and horses had their 6-weekly hoof trim by the farrier we employ, to help their hooves stay clean and healthy. Every 3 months all our residents are also de-wormed to keep their digestion working well – this was done by our vets in early September so will be done again just before Christmas.

As well as regular de-worming, our vets visit the sanctuary every week to carry out weekly check-ups of all the donkeys and horses (and bull and goat!) Staff also wash and/or groom all our animals every couple of days and make sure they get a daily run in our exercise paddock.

Our vet in Kabul informed us the other day the cold days are certainly coming, with temperatures sometimes not climbing above 5<sup>0</sup>C, even in the sunshine. As we write, blankets are being washed and repaired for those animals that need it, and extra straw brought in for all their stables.











